**Physical Activity Team Meeting**

**Wednesday, July 2, 2014 2:00 – 3:00 pm**

**MCPS Admin. Bldg., Room # 14**

1. **Transportation** - how to request a change in bus schedule for active transportation and before school activities?
2. **In Classroom -** implementation/training of Take 10! curriculum and brain breaks
3. **Big picture -** the creation of a MCPS point person aka school wellness coordinator in each school to support, train and manage the 60 physical activity components. A position that is valued and respected. Work with existing staff or create a new position? We talked about this in the fall with the noon duty dilemma. Create a framework for sustainability.
4. **Evaluation** – Body mass index in 3rd, 7th and 10th grades, academic progress and behavioral referrals. What works best? How can the records be shared?
5. **The Physical Activity Matrix and** piloting an ideal 60 minute of PA at a handful of MCPS in the 2014 - 2015 school year. Dependent on resources of course. How to prioritize schools, regions, 3rd grade body mass index, school readiness/leadership, and other factors.
6. **Does MCPS have a school wellness policy**? Would this be a good fit for the increased physical activity programs?
7. **What grades do the fitness gram and when is it administered**? Are all students required to do it? How are the records kept?